



United Way

Alberta Capital Region

myunitedway.ca

**260,000 LOCAL PEOPLE WILL
EXPERIENCE A MENTAL
HEALTH CHALLENGE**

#UNIGNORABLE



**FOR \$3.28
A DAY**

**You can be a
Leader of the Way**

AJ was homeless and suicidal due to his struggles with OCD. Then thanks to donors like you, he got the support he needed to feel hopeful about his future. Now AJ is housed and volunteers to help others.
myunitedway.ca/aj